



MANDALA  
COUNSELING SERVICES

### Consent for Psychotherapy Intensive

Client: \_\_\_\_\_ DOB: \_\_\_\_\_ Record#: \_\_\_\_\_

- I have chosen to receive intensive psychotherapy from Traci Withrow, LCSW doing business as Mandala Counseling Services. My choice is voluntary and I understand that I may terminate therapy at any time. I understand that I can revoke this consent at any time, except to the extent that treatment has already been provided or that action has been taken because of this consent and that if I do not revoke this consent, it will expire automatically in one year.
- Psychotherapy intensives are intended to allow clients to accomplish in a short period of time what usually takes many weeks of therapy of traditional sessions. Given the nature of the intense work, it is strongly suggested that participants refrain from or limit the use of cell phones, social media, alcohol and any other methods of distracting and avoiding as these can derail the process.
- 6-hour Intensives are billed at \$1000 and 8-hour intensives are billed at \$1300. This includes lunch time of 1 to 1.5 hours. A complementary initial 15-20 minute phone consult and a 15-20 minute follow up phone call after completion of the intensive are included. A deposit of \$300 is required at the time of booking to hold the dates. Full payment will be charged at the beginning of the first day of the intensive. Payment can be made by cash, credit card, Zelle, Venmo or PayPal. Cancellations made less than 72 hours before the intensive will result in the \$300 deposit being forfeited.
- Participation in a therapy intensive will not guarantee an ongoing therapy slot. Intensives are intended to jump start and support existing therapy. Intensives will rely predominantly on IFS and incorporate other modalities as appropriate, including EMDR and Somatic Experiencing.
- Except in certain circumstances, the services provided by Mandala Counseling Services will be confidential in nature. Mandala Counseling Services will not release information about me or my treatment without my written consent. I understand that in certain circumstances Mandala Counseling Services may be required by court order to release my records and I will be informed of this in advance. Traci Withrow, LCSW is the only individual who has access to my therapy record.
- Mandala Counseling Services has a duty to warn and protect when a client indicates they have a plan to harm themselves or another party. Mandala Counseling Services is a mandated reporter of suspected abuse/neglect of children and dependent adults and will be held free of any liability from consequences that result from such a report.

Traci Withrow does not voluntarily participate in court proceedings with or on behalf of clients or related parties. Should Traci Withrow be subpoenaed to court, court appearances are billed at a rate of \$300/hour regardless of whether testimony is provided. Preparation time, travel time to and from courthouse and time waiting to testify will be charged at the same fee. The party issuing the subpoena will be billed and 50% of the anticipated fees will be due before court. This fee is non-refundable if the case is continued or settled.

Traci Withrow does not provide supporting documentation for Short Term Disability, Family Medical Leave or any other similar benefits. It is recommended that medical doctors be consulted for these forms.

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Client Printed Name

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Client Signature

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Date